



Ewalu Camp & Retreat Center  
Fall Adult Enrichment Day

# Holiday Heritage Sampler!

Ewalu Main Site  
Thursday, November 6, 2008

9:00 - 3:00

Cost \$15.00

Why is Santa usually depicted as jolly and wearing red?  
Did "The First Noel" really originate in France?  
What's the reason for breaking a cookie in your palm?

You are invited to a day of fun and fellowship as we look at many holiday stories, songs and activities.

- ◆ Learn to make Norwegian lefse, Spritzback (German Christmas cookies), Swedish Pepparkaka (spice cookies) and simple holiday decorations.
- ◆ Listen to Pastor Jason Cooper, of Emanuel Lutheran in Strawberry Point, speaking on the meaning of the holiday season in our lives.
- ◆ Eat a sampler of holiday favorites from many traditions.
- ◆ Enjoy narration and song describing how some of our holiday traditions came to be.

**Bring your friends and join us for this fun-filled day!**

Register by calling or e-mailing Ewalu  
563-933-4700 or [camp@ewalu.org](mailto:camp@ewalu.org)